



# The Club

October 2025



## President's Message

Some fun facts about October! The name for the month of October originates from the Latin word "octo" which means "eight." In the Roman calendar, October was the eighth month of the year. When January and February were added to the calendar after the

Julian calendar reform, October became the tenth month of the year as we know it. October also has two zodiac signs, October 1 – 22 is Libra and October 23 – 31 is Scorpio. Although the days are getting shorter and cooler we reap the benefits of the passing summer with glorious colors when the leaves change and the harvesting of apples, carrots, grapes, onions, potatoes, squash, and, of course, pumpkins.

For our Club, the October calendar is filled with a number of projects and activities; there should be something of interest for each of our members. At the October meetings we will be collecting items to make the Holiday Stockings for military personnel and the annual Tricky Tray is scheduled on October 16<sup>th</sup>. The annual Walk-a-thon to raise money for our scholarship fund is scheduled the week of October 12<sup>th</sup>. There may still be an opening to volunteer at NourishNJ on October 8<sup>th</sup> and there is another Dining to Donate at Panera on October 17<sup>th</sup>. I hope you signed up for the trip to the Frick Museum in NYC on October 9<sup>th</sup> and there is always more room for members to join the Book Group on October 20<sup>th</sup>. Look forward to participating in the Halloween Spooktacular event at Parks Lake on October 25<sup>th</sup>.

A local author, Wendy Natale, will talk about her book, "Letter R", at the October Day Meeting. If you get a chance to read it before the meeting you will be delighted when you recognize Rockaway places you are familiar with. The speaker at the Evening Meeting will inform us about the history and current role of our state and national organization in legislative action.

I encourage each member to get involved in our club activities. You may sign up at the meetings or contact me. There is something for everyone. Our motto is to make a difference in our community one project at a time and you can make friends and socialize at the same time!

Yours in federation friendship,

Janet Walker

## Calendar of Events

- **October 8<sup>th</sup>** – Wednesday – 11AM -1PM  
**NourishNJ – Dover – contact Val Kenny**
- **October 9<sup>th</sup>** – Thursday-  
**Frick House - location- 1 East 70<sup>th</sup> St. NYC**  
Meeting location-contact Michele Cestaro.
- **October 12<sup>th</sup> – 18<sup>th</sup>** – Sunday-Saturday  
**Lin Zrike Woman's Club Annual Walk-a-Thon**
- **October 13<sup>th</sup>** - Monday 7 P.M.  
**Woman's Club Evening Meeting**  
Denville Community Church- Bring items for Holiday Stockings – Presentation- Legislation
- **October 21<sup>st</sup>** - Tuesday 1 P.M.  
**NOTE: RESCHEDULED DATE**  
**Woman's Club Day Meeting**  
Denville Town Hall – Community Room -  
Bring items for Holiday Presentations.  
Presentation –author Wendy Natale "Letter R"
- **October 16<sup>th</sup>** – Thursday 6:30 P.M.  
**Tricky Tray at Nancy Levy's Home**
- **October 17<sup>th</sup>** – Friday 4PM – 8 PM  
**Denville Panera- Route 10**
- **October 20<sup>th</sup>** - Monday  
**NJSWC State Fall Conference**  
**Lobster Shanty** - 83 Channel Drive,  
Point Pleasant Beach
- **October 20<sup>th</sup>** - Monday ~ 7PM  
Eve Book Discussion at Ann Weissenburger's  
"The Guncle" by Steven Rowley
- **October 23<sup>rd</sup>** - Thursday -11AM  
**Filling of Stockings at Ann Weissenburger's**
- **October 25<sup>th</sup>** - Saturday – 5:30 – 8:30PM  
"Spooktacular" Parks (Dark) Lake, Rockaway
- **November 10<sup>th</sup>** – Monday 1PM.  
**Joint Woman's Club Meeting**  
Denville Town Hall – Community Room
- **November 13<sup>th</sup> and November 15<sup>th</sup>**  
Thursday and Saturday  
**NJSFW 60<sup>th</sup> Anniversary**
- **December 8<sup>th</sup>** – Monday – 6:00 PM  
**Holiday Party at Caffé NaVona**



The Club is a publication of the Woman's Club of the Denville-Rockaway Area, Highlands District

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October 2025

## September Events

### September 4<sup>th</sup> - Thursday - River Lady Cruise Tom's River

Another wonderful trip organized by Michele Cestaro.



17 members attended the River Lady Cruise. The weather was perfect for our relaxing and informative 2-1/2-hour narrative cruise along the Tom's River and Barnegat Bay.

We all enjoyed our lunch afterwards at the Water Street Bar and Grill. *Michele Cestaro*

(L-R) (Front row) Janet Ball (in white shirt), Mary McAleer, Connie Pojanowski, Alice Kazin, Dawn Kingshott, Ellen Duffin (concealed) Joey Tuscano, Sheela McGlone and Marisa Pisano (of who I can see). Val Kenny is behind Dawn and Arlene Scholder is left of Val. Forgive me for any errors or omissions



(L-R) Alice Kazin, Joey Tuscano, Michele Cestaro, Marisa Pisano and Ellen Duffin.



(L-R) Mary McAleer, Dawn Kingshott and Ellen Duffin.



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# The Club

October 2025

## September Events Continued

**September 4<sup>th</sup> - Thursday – River Lady Cruise - Tom's River, NJ**

**Organized by Michele Cestaro. Continued**



Janice Kostyszyn is in foreground, background: around table counterclockwise starting right: Carol Johnson, Arline Scholder and Val Kenny. behind Paula Bass is Mary McAleer and Connie Pojanowski, (I apologize I can't identify all the others at last table. (it's like an eye chart).



Dawn Kingshott



Michele Cestaro sent me a list of who signed up: Janice Kostyszyn, Marge Dobbins, Ellen Duffin, Mary McAleer, Arline Scholder, Connie Pojanowski, Marisa Pisano, Dawn Kingshott, Val Kenny, Janet Ball, Gloria O'Connor, Alice Kazin, Carol Johnson, Sheela McGlone and Joey Tuscano (and of course Michele Cestaro who organized this trip, another wonderful trip). (Sadly, Randy Shapiro could not attend) I apologize omitting anyone and I regret I could not identify everyone in the photos of this wonderful trip. Thank you Michele for the wonderful photos of this wonderful trip as well as the article.



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# The Club

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## September Events Continued

### September 8<sup>th</sup> - Monday 7 P.M. - Woman's Club Eve Meeting



At our eve Woman's Club meeting. Karen stood in for our president Janet Walker, fifth in command (our treasurer), presiding over our meeting with finesse and the aid of Barbara McCloskey's loaned remote mike. Before our meeting, Mary McAleer introduced us to the two GCI recipients chosen, Lesandra Munoz from Morris Knolls and Faith Bode from Morris Hills High school, who attended the GCI girls career Institute mini college experience in June. The two young ladies, Lesandra and Faith, spoke to us with enthusiasm about their experiences that they enjoyed during their time spent at the four days event at Douglas College, (Part of Rutgers University), where they attended inspiring workshops held by women in different professions. They, also, spoke of the wonderful friendships that they developed as well as the activities that they participated in or viewed, as the talent show.

We were introduced to the new member, Adeline Terwilliger. Kathy Holland was presented, by Barbara McCloskey, the recognition of be placed in the NJSFWC book of honors. Barbara McCloskey gave us an NSFWC update, during which she urged us to join the NJSFWC legislation action. Karen proceeded to cover the rest of the agenda for the September Eve meeting.



(L-R) Mary McAleer, Faith Bode, Barbara M. & Faith's Mom (L-R) Mary McAleer, Barbara McCloskey and Lesandra Munoz  
Link to Faith's talk: <https://youtu.be/b78DKsl0fUc> Link to Lesandra's talk: [https://youtu.be/H\\_Lse8b\\_9QU](https://youtu.be/H_Lse8b_9QU)



Link to Kathy Holland being honored <https://youtu.be/U9dkz5c46IQ>  
(L-R) Kathy Holland and Barbara McCloskey. Below Link to Barbara's NJSFWC Update.  
Thank you Karen for your wonderful photos <https://youtu.be/h1lfeYbt184>







# The Club

October 2025

## September Events Continued

### September 9<sup>th</sup> – Tuesday 1 P.M. Woman's Club Day Meeting



At our Day Woman's club meeting more Committee members and project coordinator were present to report on their progress of their committees and projects. Val Kenny from the Benefits Committee reported extensively on all the Benefits that are in the works. Val brought up the Tour and Tea at Ayres Knuth Far, which she worked extensively on, launching the project with a flyer, in August, placed in our September Newsletter and our Woman's Club Facebook. Val also did extensive arrangements with Sue Schmidt, of Ayres Knuth, for the accommodation of all planning to attend. Val also reminded us of the upcoming Lin Zrike walkathon. VP Jenn Ireton. Collections, coordinated by Val, for JBS, of family games (commemorating GFWC International Day of Service) as well as, collections for NourishNJ of hair care and other personal care products, collected at both meetings.



Val Kenny (Benefits Committee)



Look at our detailed October Meetings Minutes compiled by our recording secretaries Susan Weidaseck and Florence Lucchesi for all the details of the September Eve and Day Meetings once again. Thank you Susan and Florence.

## September 8<sup>th</sup> -11<sup>th</sup> - Monday -Wednesday - Dining to Donate at Thatcher McGhee's Denville



On Tuesday, 9/9, a group of us met for some fine dining while supporting the Thatcher's McGhee fundraiser. *Karen Lazur*

Clockwise starting from left Lynda Groneman, Ann Weissenburger, Susan Jancerak, Michele Cestaro, Sheela McGlone, Alice Kazin, Ellen Duffin, Karen Lazur & Marissa Pisano

Indeed, another successful and fun benefit by Val who will update us about. My son even got a few thatcher McGhees drinks for the Benefit.



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# The Club

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## September Events

### September 10<sup>th</sup> – Wednesday – The Barn Theatre – “The Cottage”



On September 10th Geraldine Baillod invited club members to attend the final dress rehearsal at The Barn of their production of 'The Cottage'. Nine of us attended and thoroughly enjoyed the show. The actors really held true to their characters and boy did we laugh. The show runs through September 28th. 'The Cottage' written by Sandy Rustin, was inspired by Noel Coward and takes place in the English countryside in 1923. It's a romantic comedy of manners. As fate, identity and marriage are tested, a hilarious web of secrets emerges. It was the perfect love affair, until their spouses arrived! *Karen Lazur*

(L-R) Janet Ball, Alice Birney, Marge Dobson, Gloria O'Connor, Paula Bass (in front of Gloria), Geraldine Baillod, Connie Pojanowski, Karen Lazur & Kathy Holland.

### September 10<sup>th</sup> – Wednesday-10 am - Highlands District Meeting

#### Long Valley Woman's Club Hosting Long Valley Presbyterian Church



The Highlands District council meeting was held in Long Valley on Wednesday, September 10. Nancy Levy and Ann Weissenburger attended and heard presentations from the Financial Secretary and the NJSFWC Program Chairman, who also talked about the upcoming State Fall Conference. Club presidents in attendance also reported on some of the activities their clubs have been doing. It was a very informative meeting (with lots of breakfast goodies and homemade desserts!). *Nancy Levy*

Nancy Levy is sitting to the left of the standing speaker. (You can only see the back of Ann Weissenburger's head in the audience)

### September 16<sup>th</sup>- Monday - Morris Hills &

### September 18<sup>th</sup>- Thursday Morris Knolls Voting Registration at the H.S.

Once again Denville and Rockaway Women's Club was invited by Dr. Krystal Beck, ***District Supervisor of Instructional Services for Social Studies and Supervisor of The Academy for the Performing Arts, Morris Hills Regional District***, to host a Voter Registration Drive at both High Schools, Tuesday, September 16<sup>th</sup> at Morris Hills and Thursday, September 18<sup>th</sup> at Morris Knolls. Thank you, to the following members, for supporting these events with dedication and enthusiasm and excellent engagement of the HS students. Maureen Hartman, Ann Ecke Margaret Newman, Lois Sieklik, Cathy Zollo, Sheila McGlone, Janet Ball, Gloria O'Connor, Barbara Wisniewski (new member), Adeline Terwilliger (new member)

Several of the students who turned 17 years old with a valid Driver's License took the time to register online to vote by scanning a code and were rewarded with extra candy. As always, the candy was a terrific draw for all the students, and we engage them in the voting process by voting for their favorite candy. Heartfelt thanks to all the member volunteers who generously donated their time and to Dr. Beck for partnering with us on this collaboration. We hope to have another successful event next September. *Margaret Fourounjian.*

***Thank you to Pat Bomus & Margaret Fourounjian for this event.***



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# The Club

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## September Events

### September 20th<sup>th</sup> - Sunday – 3PM -Tour and Tea at Ayres Knuth



The Tea and Tour turned out so beautifully. I wish to thank all who volunteered to help set up, Connie Zambrie, Florence Lucchesi, Susan Weidaseck, Susan Richardson, Kathy Holland and Sheela McGlone. Thank you to Val Kenny who met with Sue Schmidt, founder of and President of the Ayres Knuth Farm Foundation to look at the 2 basement rooms in the farmhouse which Sue offered to our Woman's club for the tea. Sue offered also enough tables and chairs to accommodate our members at the tea. I want to thank Sue Schmidt, for offering the accommodations for our tea and for the tour.



When I arrived on Sunday, more than an hour earlier than the event I was met by Sue. Sue and her committee already did an amazing job of clearing and cleaning the rooms in the basement of the Ayres Knuth farmhouse and setting up the 4 Tables and enough chairs to accommodate all who were coming to the event. Our members, who volunteered to set up the tea, did an amazing job of transferring the two rooms into tea rooms. An executive decision was made to place 3 of the tables (for the guests) into the outer room, lined up into one long table so all our members attending were all together.



The food table was left in the other inner room laden with all the food our setup committee volunteered to bring, beautifully set up. A beautifully set up tea serving station was placed in the outer room where our guest attended with about 5 electric kettles, on the windowsill, going all at once, monitored by Susan Richardson. But Sheela's loaned surge protector kept blowing out (thank heavens we had the surge protector) so the electric kettles were separated to different areas where there were outlets. The farmhouse dates back over 2 centuries, electric added later. There is no running water



Florence Lucchesi.  
At the tea station.



Connie Zambrie far right in photo. (L- R) Florence L & Kathy Holland.



Susan Richardson standing



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# The Club

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## September Events - Continued

### September 20<sup>th</sup> - Sunday – 3PM -Tour and Tea at Ayres Knuth - Continued



Gus Contreras (father of Vivien) and Vivien Contreras

Everyone attended with cheer and were willing to wear Ruth's tea hat creations including good natured Mr. Gus Contreras, dear father of Vivien Contreras. We had a wonderful turnout though it was a most secretive event (I erred by not sending an email to all who signed, up just prior to the event as well as forgot to place the date in the September Newsletter.). I really did miss those that did not attend, and I apologize. (Actually, thank you Val for placing flyer in our Woman's Club Facebook.



I thank all who attended because it would not be the happening it was. And of course, I thank the weather because it was a superb day weatherwise. Sue Schmidt began with an intro about Ayres Knuth she could share with all of us, because we were all in the same room. Then we proceeded to indulge in the tea to get our strength for the tour.

(L- R) Arline Scholder, Joey Tusciano and Roseann Tonzola.



(L- R) front row Susan Weidaseck & Sheela McGlone

(L- R) back row Vivien C., Ruth Gimbel & Alice Kazin



Sue Schmidt further continued to tell us about the history of the farm and the coming events at the farm (October 4<sup>th</sup> - Saturday Art at Ayres Knuth 12 PM to 4PM and October 18<sup>th</sup> – Saturday -The Witchery 5PM to 10 PM) inside.

Sue Schmidt giving us the tour. Link to Sue's Intro. <https://youtu.be/AzIYim7XO2Y>

Sue then took us on a tour of the grounds. It was the first time I to see the inside of the Tenant house (Yellow building being shown) behind the farmhouse. It was indeed a wonderful day. Ruth Gimbel

Thank you to Adenaline for your contribution of milk and sugar though we missed you at the event.

Got Check out Ayres Knuth Farm Website: <https://www.ayresknuth.org/> and visit their Facebook.



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# The Club

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## September Events continued

### September 24<sup>th</sup> – Wednesday – NourishNJ.



On Wednesday, September 24th, several members of our club volunteered for an impromptu shift at NourishNJ in Dover. When they called last week saying they had no one to cover a shift, our club members responded quickly! Thank you to Sheela McGlone and Anne Ecke and Anne's husband, (Billy) (as well as Ruth Gimbel, who did a ½ shift) for helping out when Nourish needed us! We love helping feed hungry Morris County residents! Val Kenny

Foreground: Sheela McGlone and background Anne Ecke and husband Billy

### Sept. 26<sup>th</sup> – 29<sup>th</sup> - Friday – Monday

### MAR (Middle Atlantic Region) Conference - Rehoboth Beach, DE



The GFWC Middle Atlantic Region (MER) consists of the GFWC Women's Clubs of Delaware, New Jersey, New York and Pennsylvania.



Welcome to Day 1 of the Middle Atlantic Region Conference in Rehoboth Beach Delaware!! NJSFWC was well represented and enjoying their time with their Federation sisters!



our NJSFWC Pres. Barabara McCloskey in Center of photo



Day 2 - Middle Atlantic Region Conference highlights! Attendees wore purple in recognition of Domestic Violence Awareness. The business session was followed by the presentation of \$5000 of donations to "What Is Your Voice" (organization-support survivor of domestic violence awareness <https://whatisyourvoice.com/>), part of the GFWC Day of Service. (Barbara McCloskey in in the Center of Photo)

After lunch the program continued with reports and presentations by the chairmen of the GFWC programs and an Alzheimer's service project. (Alzheimer Awareness Month is November)



(This information was taken from the NJSFWC Facebook. I hope to have a more detailed article of the event in our November 2025 if Barbara McCloskey wishes to write something)



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# The Club

October 2025

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## GFWC FEDERATION NEWS CORNER

NJSFWC 130 years

NJSFWC STATE FALL CONFERENCE – OCTOBER 20<sup>TH</sup> 2025 – MONDAY – THE LOBSTER SHANTY  
83 CHANNEL DRIVE – POINT PLEASANT BEACH

NJSFWC 60<sup>TH</sup> ANNIVERSARY – NOVEMBER 13<sup>TH</sup> & 15<sup>TH</sup> THURSDAY & SATURDAY – HEADQUARTERS



I received a phone call from Chris Hoffman of TV35 Public Access Fios channel from Cranford who has a number of programs. One of them is a new show called “Life with Lori”. Lori visits towns thru out New Jersey. In this episode Lori visited Denville. You will love this program.

[https://youtu.be/W2Ux5HFUWRc?si=WcVsvG4yKR\\_2a0S6](https://youtu.be/W2Ux5HFUWRc?si=WcVsvG4yKR_2a0S6)



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# The Club

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## Ayres Knuth Farm Foundation Events in October



### Event in Denville to raise money for families impacted by Breast Cancer



The Kathy Olenowski Foundation is a women's health initiative that provides financial assistance to women diagnosed with cancer. We strive to make an impact by fostering a community that values inclusivity, compassion and support. Over the last 12 years we have raised more than \$150,000 for local women suffering through cancer treatments. Each year we host Pink Witches Night Out in Downtown Denville. This can't miss Girls Night Out will be October 17th, 2025.

5:30 PM – 9:30 PM on Broadway (link to promo of this coming event- <https://youtu.be/UdP7P-c6CSY>)



October 25<sup>th</sup>, 2025 - Saturday

5:30 PM – 9:30 PM

Rockaway NJ



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# The Club

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## GFWC Women's Club of Denville-Rockaway Area 6th Annual Lin Zrike Memorial WALK-a-THON FUNDRAISER for Scholarships October 12th – 18th, 2025



*Sponsor a club member to help raise money for scholarships for:*

- *high school girls participating in community service*
- *women returning to a healthcare career enrolled in the LPN program at Morris County School of Technology*

*If a member reaches out for you to sponsor them, they will inform you of the distance they will walk, when they have completed their walk, and the amount (in cash or check) you will be asked to donate. Please have checks made out to GFWC Women's Club of Denville-Rockaway. If you are not a member of the Women's Club of Denville/Rockaway and are interested in sponsoring a member, please contact Val Kenny at [vkenny16@aol.com](mailto:vkenny16@aol.com).*

**Help us reach our goal of \$2500!**



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**October is**

**GFWC Advocates for Children Week - October 19<sup>th</sup> – October 25<sup>th</sup>, 2025**

[https://www.gfwcma.org/uploads/1/2/9/6/12968947/juniors\\_special\\_program\\_advocates\\_for\\_children.pdf](https://www.gfwcma.org/uploads/1/2/9/6/12968947/juniors_special_program_advocates_for_children.pdf)

During Advocates for Children Week clubs and members are encouraged to contact their local law enforcement or child protective service agencies to identify their needs for children or families. In addition to responding to their determined needs, clubs can create "busy bags" that may be filled with items such as books, coloring books, crayons, art supplies, fidget toys, stuffed animals, and so much more. These bags will be immensely helpful in occupying children's minds during challenging experiences.



**GFWC New Jersey  
Supports the New Jersey  
Children's Alliance**

By: Barbara McCloskey, GFWC New  
Jersey State President



**(From GFWC "News and Notes" July 17<sup>TH</sup> 2025)**

<https://www.gfwc.org/wp-content/uploads/2025/08/News-Notes-July-17-2025.pdf>

<https://njsfwc.org/njsfwc-featured-in-gfwcs-news-and-notes/>

In New Jersey, clubs vote for a project, and a committee headed by the president-elect interviews a variety of nonprofits to be selected for the state's featured cause.

The special state project for GFWC New Jersey during this administration is supporting the New Jersey Children's Alliance. (2024-2026)

New Jersey Children's Alliance promotes hope, healing, and justice for victims of child abuse throughout New Jersey by supporting Child Advocacy Centers through training, resources, advocacy, and leadership.

Their goal is for every child abuse victim in New Jersey to have access to the hope and healing provided by the full range of quality, comprehensive, coordinated, and evidence-informed services offered by Child Advocacy Centers. Since not all child advocacy agency locations can take donations directly, our in-kind donations go directly to their main headquarters.

As these children go through their journey, many things are needed, such as backpacks for the first day of school. Our clubs came through in August 2024 with over 700 filled backpacks, 628 of them at our headquarters building!

Fundraising is also a component of our special state project, and we are in the planning stages of some district and state events. A special state project pin has been created to boost fundraising efforts. We've also encouraged clubs to hold individual fundraisers for this worthwhile project.

**NJSFWC ECONNECTION**

July 23, 2025

Barbara McCloskey, NJSFWC President

Together in Service ~ United in Friendship

**(This article was shared in the GFWC Nationwide Newsletter)**



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# The Club

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## October is: Continued

OCTOBER IS  
DOMESTIC  
VIOLENCE  
AWARENESS MONTH



### End the Stigma

2025 Domestic Violence  
Awareness Month Toolkit

excerpt from

<https://jbws.org/dvam/>

**DVAM-Toolkit-2025-1.pdf-** <https://jbws.org/wp-content/uploads/2025/09/DVAM-Toolkit-2025-1.pdf>

**What is Domestic Violence (DV)?** Domestic violence refers to a pattern of behaviors that are used to establish power and control over another person. This could include physical abuse, emotional abuse, financial abuse, sexual abuse, intimidation, and much more. Abuse can happen to any person. It's time to "End The Stigma."

**About JBWS:** JBWS is a private, confidential service welcoming ALL survivors of dating, domestic, or partner abuse. For nearly 50 years, JBWS has been there when a survivor calls our 24-Hour Helpline for the first time because they're concerned their relationship is unhealthy. JBWS is at police departments moments after abuse is reported, offering victims critical access to resources. When a survivor leaves their home in the middle of the night, JBWS is there to welcome them into our residential facilities and when it's time to face their abusive partner in court, we are by their side offering legal advocacy and support as they pursue a restraining order.

**24-Hour Helpline: 1.877.782.2873 [jbws.org](http://jbws.org)** (Pres. Diane Williams has given presentations to our club & we collect items for JBWS as recently, board games, organized by Val Kenny to commemorate GFWC International Day of Service)



### The Breast Cancer Awareness Month

**This October, Support Lifesaving Breast Cancer Research With BCRF** excerpt from



<https://www.bcrf.org/breast-cancer-awareness-month/>

Every October, communities around the country come together to recognize Breast Cancer Awareness Month, a national campaign that promotes breast cancer awareness, education,

fundraising, and more. Breast Cancer Awareness Month is a moment to call attention to the fact that one in eight women in the U.S. will be diagnosed with breast cancer in their lifetime. It's also a time to honor those who have been treated for breast cancer or are living with metastatic disease. (And remember those that were taken by Breast Cancer)

For BCRF, October is a month to galvanize around our singular mission: funding lifesaving breast cancer research. Because research will make one in eight, none in eight. (remembering Patti Manton's & her Benefits for Breast Cancer foundations)

**October Is National Depression  
and Mental Health Screening  
Month, & ADHD Awareness  
Month, & So Much More!**

<https://americanbehavioralclinics.com/national-depression-and-mental-health-screening-month/>



**THE MANY FACES OF ADHD**

**ADHD Awareness Month's goal:** excerpt from

<https://www.adhdawarenessmonth.org/>

To provide reliable information and resources to help people thrive with ADHD. In keeping with our 2025 theme, *The Many Faces of ADHD*, we encourage the ADHD community to increase awareness and understanding by sharing ADHD information and supports with all who could benefit



### Depression Awareness Month 2025: All You Need to Know

 Excerpt from

<https://impactful.ninja/depression-awareness-month/>

In the US alone, depression affects more than 21 million people every year. Depression is still poorly understood with many people assuming that it's just a low mood. However, in reality, depression is a serious condition that can impact everyday life and lead to suicide in extreme cases. So, we had to ask: What is the most important information you need to know about this year's Depression Awareness Month?



The Club is a publication of the Woman's Club of the Denville-Rockaway Area, Highlands District

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# The Club

October 2025

## Upcoming Events and Activities

NOURISHNJ – OCTOBER 8<sup>TH</sup> - WEDNESDAY– 11 AM-1PM

FRICK HOUSE– 1 EAST 70<sup>TH</sup> STREET – OCTOBER 9<sup>TH</sup> - THURSDAY– 10AM

LIN ZRKES WALK – A- THON– OCTOBER 12<sup>TH</sup> – 18<sup>TH</sup> – SUNDAY TO SATURDAY

WOMEN'S CLUB EVE MEETING – OCTOBER 13<sup>TH</sup> - MONDAY– 7PM - DENVILLE COMMUNITY CHURCH -  
BRING ITEMS YOU SIGNED UP TO BRING FOR HOLIDAY STOCKING COLLECTION. -  
PRESENTATION OF STATE (NJSFWC) & STATEWIDE WOMEN'S CLUBS ROLE IN LEGISLATION

WOMEN'S CLUB DAY MEETING – OCTOBER 21<sup>ST</sup> - TUESDAY– 1PM - DENVILLE MUNICIPAL BUILDING –  
NOTE: RESCHEDULED DATE - BRING ITEMS YOU SIGNED UP TO BRING FOR HOLIDAY STOCKING COLLECTION. -  
PRESENTATION OF AUTHOR WENDY NATALE ABOUT HER BOOK "LETTER R".

TRICKY TRAY – OCTOBER 16<sup>TH</sup> – THURSDAY – 6:30 PM – AT NANCY LEVY'S HOME

DINING TO DONATE – PANERA – SHOPS AT UNION HILL, DENVILLE - OCTOBER 17<sup>TH</sup> - FRIDAY – 4PM -8PM.

EVE BOOK DISCUSSION – OCTOBER 20<sup>TH</sup> - MONDAY – "THE GUNCLE" BY STEVEN ROWLEY  
AT ANN WEISSENBURGER'S HOME

NJSFWC STATE FALL CONVERENCE – OCTOBER 20<sup>TH</sup> – MONDAY - LOBSTER SHANTY- 83 CHANNEL DRIVE, POINT  
PLEASANT

FILLING STOCKINGS FOR THE TROOPS – OCTOBER 23RD - THURSDAY– AT ANN WEISSENBURGER'S HOME

SPOOKTACULAR PARKS ("DARK") LAKE – ROCKAWAY – OCTOBER 25<sup>TH</sup> – SATURDAY – 5:30PM-9:30PM

FRIDAY WALKING CLUB - CONTACT BARBARA MCCLOSKEY.



September 5<sup>th</sup>, 2025.  
RVA field in Boonton.  
(L-R) Margaret Fourounian,  
Barbara McCloskey,  
Mary McAleer, Susan Jancerek,  
Michele Cestaro & Karen Lazur



September 12<sup>th</sup>, 2025.  
Jonathan Woods.  
(L-R) Barbara McCloskey,  
Kathy Holand & Margaret F.



September 19<sup>th</sup>, 2025  
Park Lake  
(L-R) Kathy H., Susan J., Jenneifer Ireton & Barbara M.





# The Club

October 2025



## Sunshine Corner

May all our members and their families be well. And those going thru operations or illness recover well or become stable. And comfort to all of us who need it.



Joan Bowling – October 9<sup>th</sup>

Jennifer Ireton – October 10<sup>th</sup>

Linda Leming – October 25<sup>th</sup>

Janice Kostyszyn – October 26<sup>th</sup>

Susan Richardson – October 29<sup>th</sup>

~~~ ***Birthday Month Get Togethers*** ~~~

*Feel free to share your birthday with other members that have their Birthdays the same month as yours with a get together, a walk in the park safely, lunch or afternoon tea*



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# The Club

October 2025

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Welcome to our new members.

Randy Shapiro (a returning member), Joan Day De Ramos, Vivian Contreras, Geraldine Baillod, Connie Pojanowski, Joan Henry, Roseann Tonzola, Maureen Hartman, Angela Homa, Marisa Pisano (a returning member), Arlene Zimmerman, Alice Kazin, Josephine Tuscano (who already invited us for an August social at her home.), Adeline Terwilliger and Barbara Wisniewski Thank you to all our new members who have already contributed so much to our Woman's Club of Denville/ Rockaway



## **EVE BOOK DISCUSSION**

October 20<sup>th</sup> – Monday- 7PM

“The Guncle”.

By Steve Rowley

Location –Ann Weissenburger’s Home

Contact: Ann Weissenburger at 973-627-2509 or [aweissenburger@yahoo.com](mailto:aweissenburger@yahoo.com)



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# The Club

October 2025

## **\*\* Ongoing Club Collections \*\***

*Updated 2/2024*

*All items can be brought to our meetings and given to the person collecting*

*\*We are still collecting cell phones, ink cartridges and eyeglasses – [Joan Bowling](#).*

- It takes a very long time to accumulate enough cell phones to redeem and we don't know the redemption value until they are sent back. The company does provide prepaid labels, so it doesn't cost us anything to recycle them.
- We no longer have contact with a company who will pay us for the ink cartridges, but we are recycling them so instead of tossing them in the trash give them to Joan Bowling.
- The eyeglasses are given to the Lion's Club who work with groups that send eyeglasses to third world countries. In our mission to reduce, reuse and recycle we are trying hard. Please bring these items to a meeting and give them to Joan Bowling.

**\*Greeting Cards - [Nancy Levy](#).** Collecting the fronts of any type of greeting card.

**\*Birthday Bags – [Joanne Chiaravalloti](#).** The Birthday Bag items consist of cake mixes, frosting, small birthday design plates and napkins, candles and a birthday gift bag. Joanne puts them together and gives them to Social Services for children.

**\*Small Toiletries – [Nancy Levy](#).** These items, small and trial size, are needed for the care bags that are given to social services and other local organizations. They include: shampoo, soap, toothbrush, toothpaste, deodorant and lotion.

**FOOD COLLECTION.... For ROCKAWAY FOOD CLOSET Presbyterian Church, 35 Church St., Rockaway**

**This small pantry serves approximately 300 families a year.**

**Non-Perishables** (Breakfast cereal, tuna, peanut butter, canned veggies, ramen, soup, crackers, drinks, desserts, cookies, canned fruit, canned meals, pasta, mac and cheese, beans, rice, snacks, etc.)

**Health & Beauty Products** (soap, bath gel, shampoo, deodorant, toothpaste, toothbrushes, laundry detergent etc.)

**Paper goods** are a constant need too- paper towels and toilet paper.

**Also shampoo, toothpaste, soap, laundry detergents.**

**Donations can be dropped off:**

**the Food Closet- Presbyterian Church,**

**35 Church St.,**

**Rockaway, NJ. 07866**

**Monday, Tuesday, Thursday 9:30-12:30. And**

**Tuesday 4-6 pm. Go around back door by cemetery.**

**If you make a donation, estimate the cost and**

**send to Pat Bomus at [bomusp@msn.com](mailto:bomusp@msn.com) who will put together a report for this project**

**If someone prefers to make a monetary donation, they can make check payable to:**

**Rockaway Food Closet. Janet Walker and Pat Bomus**

*Just a heads up! The Rockaway Food Closet at the Presbyterian Church, 35 Church Street, Rockaway Borough is continuously in need of food donations but they know their hours of operation are limited. Now you can drop food off at the main branches of the Rockaway Township and Rockaway Borough Libraries when they are open.*



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# The Club

October 2025

## Rockaway & Denville Township Public Libraries Update - October 2025

(September is National Literacy Awareness Month)

Check the websites to see what the library policies are and what are the latest updates

Rockaway Township Library: <http://www.rtlibrary.org> Tel: 973-627-2344

Rockaway Borough Library Facebook

<https://www.facebook.com/pages/category/Library/Rockaway-Borough-Public-Library-117410801674019/> Tel: 973-627-5709

Denville Library <http://www.denvillelibrary.org> Tel: 973-627-6555

Denville Library Facebook <https://www.facebook.com/denvillelibrary/>

Both Denville and Rockaway Township continue to have virtual programs. Check out their websites for what these wonderful libraries continue to offer. Register for these virtual programs on their websites.

Check out this new complementary digital media service offered by Denville and Rockaway Libraries. Requires your library card. Download the App. "Hoopla"

**DENVILLE LIBRARY EVENT DETAILS – CHECK ON WEBSITE.**



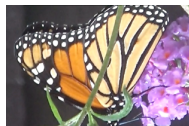
The Denville Library has passes to the following Museums.

Please check the museum's website to plan your visit.

- Brooklyn Botanical Garden (Brooklyn, NY)
- Children's Museum of Manhattan (New York, NY)
- Fosterfields Living History Farm (Morris Township, NJ)
- The Intrepid Sea, Air & Space Museum (New York, NY)
- Montclair Art Museum (Montclair, NJ)
- Morris Museum (Morristown, NJ)
- The Museum of the American Revolution (Philadelphia, PA)
- The New York Transit Museum (Brooklyn, NY)
- Newark Museum of Art (Newark, NJ)
- Storm King Art Center (New Windsor, NY)
- USS Constitution (Charlestown, MA).



Please e-mail newsletter articles to Ruth G. [rgbutterfly777@gmail.com](mailto:rgbutterfly777@gmail.com) 3 days before end of month



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